

REAL. RAW. LIVE.

The synergy of great taste and well being!



Enhancers

Agave

Agave is a raw organic cactus sweetener. Agave is high in vitamins and minerals and has a low glycemic index. Agave tastes somewhere between local farmed honey and unprocessed maple syrup. The natural color of pure raw blue agave is clear. We use 100% pure agave nectar with no added colors. Agave is considered to be a SuperFood.

Aloe Vera

Aloe Vera juice helps cleanse and soothe the intestines for better nutrient absorption enabling a greater feeling of health and well being. 2-4 ounces of Aloe Vera a day taken regularly should do the trick. Aloe Vera is sold per 2 ounces. We also carry Pure Aloe Vera, which can be used as a dietary supplement.

Astragalus

Astragalus enhances the function of the skin to eliminate toxins. Astragalus is commonly used to help sores in the skin. Astragalus is sold per 2 drops. We also carry Astragalus droplet bottles, which can be used as a dietary supplement.

Bee Pollen

Bee pollen is produced by flowering plants, which clings to bees as they gather nectar. Bee pollen contains many vitamin and minerals and flavonoids such as rutin and quercitin. Bee pollen can act to desensitize various people from pollen allergies.

Brown Rice Protein Powder

Brown Rice Protein Powder is easily digested, hypoallergenic and is a source of vegan protein. We use Raw Brown Rice Protein Powder. We also carry different brands of Raw Brown Rice Protein Powder, which is a high protein alternative to soy.

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Cacao Powder and Cacao Nibs

Cacao is raw organic chocolate it's purest form. Cacao is the richest food source of magnesium of any common food. Magnesium is a crucial mineral that supports healthy cardiovascular functioning. We use fresh and raw cacao powder and cacao nibs. Cacao is considered to be a SuperFood.

Cell Food

Cell Food enhances the body's ability to absorb nutrients at a cellular level. Cell Food assists in oxygenating, nourishing and detoxifying your cells while balancing pH levels. Cell Food is sold per drop. We also carry droplet bottles of Cell Food.

Chia Seeds

Chia Seeds are a vegetable source with the most omega-3 content, specifically a-linoleic acid (ALA). Chia Seeds also contain antioxidants and a variety of vitamins, minerals and fiber.

Crystal Manna

Crystal Manna is from Klamath Lake and is a blue green algae. Crystal Manna is an ancient wild food containing a plethora of nutrients and energetics. Crystal Manna is considered to be a SuperFood.

E3 Live

E3 Live is fresh water blue green algae and E3 Live is considered a "primordial food". E3 Live contains large quantities of minerals, AFA, PEA and 5 times the amount of Chlorophyll as does Wheatgrass. E3 Live is alkalizing and energizing to the body and the mind. E3 Live is sold per ounce. We also carry E3 Live in droplet bottles that can be used as a dietary supplement. E3 Live is considered to be a SuperFood.

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Flax Meal

Flax Meal is ground up flax seeds. Flax seeds contain high amounts of lignans and omega-3 fatty acids. The lignans and omega-3 fatty acids contained in Flax Meal may provide a supportive role to the cardiovascular system and may possess anti-cancer properties. Flax Meal is high in dietary fiber.

Flax Oil

Flax Oil is a quality mix of essential fatty acids with a light nutty flavor. Our bodies require essential fats to increase energy, strengthen immune function, lower risk factors for cardiovascular disease, aid in weight reduction, help to improve mood, intelligence and brain function, produce healthy skin, hair and nails and to improve digestion. We carry different brands of Flax Oil, including Udo's and Barlean's Flax Oil, which is 100% organic, pure and unfiltered Flax Oil that is cold pressed daily.

Hemp Protein Powder

Hemp Protein Powder is made from the seeds of a plant strain that does not contain THC. Hemp Protein Powder is high in amino acid 3 and essential fatty acids including GLA. Hemp Protein Powder is a great source of vegetarian protein. We stock different brands of Organic Hemp Protein.

Goji Berries

Goji Berries are a Chinese anti-aging berry. The Goji Berry has been used in Chinese medicine for over 3,000 years. Goji Berries may increase fertility and hormones levels and have powerful antioxidant properties. The health benefits of Goji Berries are vast and may include immune system regulation, improved eyesight, building blood and balancing blood sugar. Goji Berries are a mainstay in many homeopathic treatment regimens. Goji Berries are considered to be a SuperFood.

Ho Shou Wu

Ho Shou Wu is a Chinese herb believed to enhance fertility and virility. Ho Shou Wu is used by many people to obtain a sense of rejuvenation. Ho Shou Wu helps to restore hair color.

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L-Glutamine

L-Glutamine is an amino acid found in the muscles of the body. L-Glutamine promotes a healthy digestive tract and is involved in several metabolic processes. L-Glutamine may be good for mental alertness, mood and memory. L-Glutamine may boost immune function and fight infection.

Olive Leaf

Olive Leaf was first used medicinally in Ancient Egypt. Olive Leaf is a powerful defender against sickness. Olive Leaf may support the immune system, cardiovascular system and is great for energy.

Maca Powder

Maca Powder is a raw organic root. Maca Powder is an ancient Peruvian super yam. Maca Root and Maca Powder was taken as a longevity food by the Peruvian royal family. Maca Root and Maca Powder was also used by warriors before going into battle. Maca Powder may balance hormones and strengthen sexual functions. Maca Powder contains many essential minerals. Maca is considered to be a SuperFood.

MSM

MSM may help increase energy and may help our bodies absorb nutrients, may increase oxygen availability to the body, may help to relieve muscular aches and pains and may help to reduce recuperation time in the body. MSM may also assist the body to eliminate toxins, including lactic acid build up. MSM may also reduce pains and cramps associated with post menstrual syndrome.

Probiotics +FOS

Probiotics contain strains of friendly lactic acid bacteria. A ¼ teaspoon of probiotics includes a minimum of 12 billion probiotic organisms. Probiotics +FOS is a natural fiber that enhances the growth of beneficial probiotic bacteria.

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Reishi

Reishi is an ancient Chinese mushroom believed to promote calmness, balance and spiritual insight. Reishi may be ideal for the reduction of stress, depression and may help to support immunity, cardiovascular strength and liver health.

Spirulina

Spirulina is believed to be a cancer preventative. Spirulina is a blue green algae from the ocean that is thought to play an assistive role with the immune system. Spirulina has high levels of B vitamins, calcium, iron, magnesium, manganese, potassium and zinc. Spirulina is 70% protein and an excellent source of amino acids for vegans.

Tocotrienols

Tocotrienols are a raw super Vitamin E from whole rice bran. Tocotrienols are an excellent source of many nutrients with over 100 antioxidants and contain naturally occurring selenium, CoQ10, flavonoids, EFA'S vitamins and enzymes. Tocotrienols are easily digestible and may improve skin.

Turmeric

Turmeric is an Ayurvedic root. Turmeric may help to lower cholesterol, protect the liver, alleviate pains associated with rheumatoid arthritis. Turmeric is also used to alleviate sore throat pain and is also used as an antiseptic to heal sores.

Vitaforce

Vitaforce is the only green food powder that provides all your daily vitamins and minerals from real food. Vitaforce consists of Vitamin B-12, Vitamin D, Vitamin E, Calcium, Folic Acid, Zinc, 21 organic ingredients. Vitaforce also contains spirulina, chlorella, wheatgrass, barley grass, oat grass, goji berries, mangosteen, 2 billion live probiotics per serving, EFA sterols, amino acids and co -Q10. Vitaforce is most certainly considered to be a SuperFood.

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Organic Whey Protein

Organic Whey Protein contains the full range of naturally occurring glutathione precursors: Covalent bonded cytosine, lactoferrin, immunoglobulin, and active peptides. The full range of native proteins assist in antioxidant production, complete amino acid supplementation, healthy immune function, cellular repair and muscle growth. Whey Protein contains lactose.

Xylitol

Xylitol is believed to be a safe sweetener that has little impact insulin levels. Xylitol is a naturally occurring sugar with antimicrobial properties believed to prevent dental caries and ear infections.

Yacon Syrup

Yacon Syrup is a raw plant that acts as a natural low calorie vegan sweetener with a low glycemic index. Yacon Syrup is a probiotic and feeds the good bacteria in the colon that help with digestion and to boost the immune system. Yacon Syrup is an antioxidant rich in minerals that tastes like something between a rich unprocessed molasses and an authentic caramel.

Ph9 Alkaline Ice Cubes

Our fresh organic juices are served chilled with 4 or 5 Ph9 alkaline ice cubes.

Vegan and Vegetarian SuperFoods

Real Raw Live services delicious vegan and vegetarian superfoods and healthy drinks, juices, smoothies, shakes wellness shots, food, sweets and treats made from fine organic produce.

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